



# Certificate Courses in Mental Health 2018 精神健康證書課程

Department of Psychiatry, The Chinese University of Hong Kong  
香港中文大學醫學院精神科學系



These courses are designed to equip doctors and health care professionals with up-to-date practical knowledge and skills in specific aspects of mental health care. There will be four courses with different topics as follows:

## Basic Psychotherapy

基礎心理治療

3/2/2018-10/3/2018

1:30pm - 6:15pm

Course Fee: \$8,000

## Severe Mental Illness and Risk Assessments

重性精神病及風險評估

17/3/2018-2/6/2018

1:30pm - 3:00pm ; except on 17/3

Course Fee: \$6,000

## Child and Adolescent Psychiatry

兒童及青少年精神健康

14/4/2018-19/5/2018

3:15pm - 6:15pm

Course Fee: \$6,000

## Old Age Psychiatry

長者精神健康

14/4/2018-26/5/2018

3:15pm - 6:15pm

Course Fee: \$6,000

### Venue:

Cheng Yu Tung Building, 2/F, LT5 or LT4  
The Chinese University of Hong Kong  
(Next to University train station)

### Meeting Time:

Saturday afternoons except public holidays

### Application Starts from:

3/10/2017

*(first comes first serves with limited quota per course)*

### Application Form and Course Content:

<http://www.psychiatry.cuhk.edu.hk/pgmh/short-course/certificate-course>

### Contact Information:

Ms. Sarah Chia

E-mail : [pgmentalhealth@cuhk.edu.hk](mailto:pgmentalhealth@cuhk.edu.hk)

Tel : (852) 2607-6029

Website: [www.psychiatry.cuhk.edu.hk/pgmh](http://www.psychiatry.cuhk.edu.hk/pgmh)

Fax : (852) 2667-8308



# Certificate Courses in Mental Health 2018

## Basic Psychotherapy: Lecture Topics

- History and Development of Psychotherapy
- Overview of Psychotherapeutic Approaches
- Psychotherapy for Personality Disorders
- Mindfulness Based Interventions
- Psychodynamic Approaches to Psychotherapy
- DBT and Interpersonal Therapy
- Marital Therapy
- Family Interventions *New*
- Bereavement Counselling
- Cognitive Behavioural Therapy - Theory and Principles
- Cognitive Behavioural Therapy - Clinical Approaches
- Psychological Intervention for Severe Mental Disorders *New*

## Severe Mental Illness and Risk Assessments: Lecture Topics

- Schizophrenic and related Psychotic Disorders:  
I. Diagnostic Issues
- Schizophrenic and related Psychotic Disorders:  
II. Assessment and Management
- Bipolar Affective Disorder and Bipolar Spectrum  
Disorder : I. Diagnostic Issues
- Bipolar Affective Disorder and Bipolar Spectrum  
Disorder: II. Assessment and Management
- Suicide and Mental Health
- Organic Psychotic/ Mood Disorders
- Mental Health Ordinance
- Case Management Approach and Community  
Rehabilitation for SMI
- Risk Assessment and Prediction of Violence
- Introduction to Forensic Psychiatry
- Substance-related Mental and Behavioural Disorders

# Certificate Courses in Mental Health 2018

## Child and Adolescent Psychiatry: Lecture Topics

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- Childhood/Adolescent onset Psychotic Disorders
  - Pharmacotherapy for Child and Adolescent Psychiatric Problems
  - Internalizing Problems
  - Pervasive Development Disorders
  - Externalizing Problems: ADHD/ODD/CD
  - Child Mental Health Assessment: Developmental Perspective, Family Approach and Multidisciplinary Approach
  - Specific Learning Difficulties
  - Child Abuse and Related Issues
  - Service Delivery Models in Child and Adolescent Psychiatry
  - Eating Disorders
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## Old Age Psychiatry: Lecture Topics

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- Cognitive Assessment for the Elderly
  - Non-pharmacological Interventions in Old Age Psychiatry
  - Depression in the Elderly
  - Suicidal Behaviours in the Elderly
  - Dementia and Mild Cognitive Impairment
  - Delirium in the Elderly
  - Innovative Technologies in Cognitive Training *New*
  - Vascular Cognitive Impairment
  - Pharmacotherapy for Old Age Psychiatric Problems
  - Functional Assessment for Elderly
  - Community Service for the Frail Elderly and How to Promote Brain Health
  - Guardianship and Ethical Issues
  - Service Models and Preventive Aspects in Psychogeriatric
  - Mental Capacity and Consent to Treatment
  - Carer Interventions in Elderly Mental Health Problems
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香港中文大學精科學系

THE CHINESE UNIVERSITY OF HONG KONG  
Department of Psychiatry

Department of Psychiatry, G/F, Multi-centre  
Tai Po Hospital, 9 Chuen On Road, Tai Po  
N.T. Tel: 2607-6029 Fax: 2667-8308

For Office Use Only

Application no:

## Certificate Courses in Mental Health 2018 - Application Form

### A. Application Data

#### 1. Certificate course(s) applied for:

	<i>Title of the certificate course</i>	<i>Cover period</i>	<i>Fee</i>
<input type="checkbox"/>	Basic Psychotherapy	Feb 3 – Mar 10, 2018	\$8,000
<input type="checkbox"/>	Severe Mental Illness and Risk Assessments	Mar 17 – Jun 2, 2018	\$6,000
<input type="checkbox"/>	Child and Adolescent Psychiatry	Apr 14 – May 19, 2018	\$6,000
<input type="checkbox"/>	Old Age Psychiatry	Apr 14 – May 26, 2018	\$6,000
<b>Total Fee</b> (inclusive application fee \$100)			\$ 0

**Note:** Please note “Child and Adolescent Psychiatry” and “Old Age Psychiatry” are concurrent courses, so you can only choose either one.

### B. Personal Data

2.	Name of Application (in English) :	
	Surname: _____ Given name: _____	
3.	Title :	
	<input type="checkbox"/> Prof. <input type="checkbox"/> Dr. <input type="checkbox"/> Mr. <input type="checkbox"/> Ms. <input type="checkbox"/> Miss. <input type="checkbox"/> Other: _____	
4.	HKID/Passport :	
5.	Do you have a right of abode in Hong Kong?	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Do you require a visa/entry permit to stay in Hong Kong?	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Sex	<input type="checkbox"/> Male <input type="checkbox"/> Female
8.	Nationality :	
	Choose one below	Other : _____

9.	Corresponding Address:  Floor: _____ Rm: _____ Building : _____  Road : _____ District: _____  <input type="checkbox"/> Hong Kong <input type="checkbox"/> Kowloon <input type="checkbox"/> New Territories
10	Email: _____ @ <span style="border: 1px solid black; padding: 2px;">Choose one below</span> Other: _____
11.	Contact (Home & Mobile) Home: _____ Mobile: _____

### **C. Academic Qualification**

Institution (Country)	Degree & Major	Date (mm/yyyy)	
		From	To

### **D. Working Experience**

Institution (Country)	Position (PT/FT)	Date (mm/yyyy)	
		From	To

### **E. Other**

I learned about this certificate course from the following channel (s)

Newspaper     Website     Magazine  
 Department Circular     Colleagues/Friends    Other : \_\_\_\_\_

## **F. Declaration**

- a. I authorize The Chinese University of Hong Kong (below “the University”) to use my data to carry out checks on my application for admission and records of my previous studies in the Universities and other institutions.
- b. I understand that, during my registration in a programme, the data will become part of my student record and may be used for all purposes relating to my studies in accordance with the procedures of the University.

I declare that the information given in support of this application is true, accurate and complete, and understand that any misrepresentation will result in disqualification of my application and subsequent enrolment in the University.

Signature : \_\_\_\_\_

Date: \_\_\_\_\_

**Note:** 1. (a) The application form (b) Total tuition fee & application fee (\$100), make check payable to “The Chinese University of Hong Kong “ (c) Copy of degree Certificate(s) (d) copy of HKID/ passport

Sent to :

Mental Health Programme  
Department of Psychiatry, G/F, Multi-centre, Tai Po Hospital, 9 Chuen On Road, Tai Po,  
New Territories

2. Fees are not refundable or transferable, except in the event of a course being cancelled