This module will provide students with a solid grounding in psychological intervention, as applied to mental health care. The historical perspectives, theoretical basis, therapeutic process and practical applications of some commonly known psychotherapeutic approaches including Cognitive Behavioral Therapy, Psychoanalysis, Hypnosis, Group Therapy & Counseling will be discussed.

### Basic Psychotherapy

| Study Period: 8/2 – 7/3/2020  (Every Saturday except public holidays) |
| Time: 1:30pm-6:15pm |
| Tuition Fee: HK $9,000 |

#### Topic:
- History and development of psychotherapy
- Overview of psychotherapeutic approaches
- Psychotherapy for personality disorders
- Mindfulness based interventions
- Psychodynamic approaches to psychotherapy
- DBT and interpersonal therapy
- Marital therapy
- Family interventions
- Bereavement counselling
- Cognitive behavioural therapy - Theory and principles
- Cognitive behavioural therapy - clinical approaches
- Psychological intervention for severe mental disorders
This module aims to equip students with an in-depth understanding of the multidisciplinary approach to the care for severe mental disorders ranging from Schizophrenic Spectrum Disorder, Bipolar Affective Disorder, Organic Psychotic/Mood Disorder, Substance-related Mental and Behavioral Disorders and Personality disorders.

### Severe Mental Illness and Risk Assessments

#### Study Period:
14/3 – 6/6/2020 (Every Saturday except public holidays)

#### Time:
1:30pm - 3pm

#### Tuition Fee:
HK $6,800

#### Topic:
- Schizophrenic and related psychotic disorders I. diagnostic issues
- Substance-related mental and behavioural disorders
- Bipolar affective disorder and bipolar spectrum disorder: I. diagnostic issues
- Bipolar affective disorder and bipolar spectrum disorder: II. assessment and management
- Suicide and mental health
- Organic psychotic/ mood disorders
- Mental health ordinance
- Case management approach and community rehabilitation for SMI
- Risk assessment and prediction of violence
- Introduction to forensic psychiatry
- Schizophrenic and related psychotic disorders II. assessment and management
This module will equip students with basic knowledge and understanding concerning common mental health problems in late life. Assessment and management skills for mild cognitive impairment, dementia, delirium, depression, and adjustment problems will be introduced. Fundamentals of pharmacological and non-pharmacological intervention in the context of multi-disciplinary service models will be emphasized.

**Old Age Psychiatry**

*Study Period:* 18/4 – 30/5/2020  (Every Saturday except public holidays)

*Time:* 3:15pm-6:15pm

*Tuition Fee:* $6,800

**Topic:**

- Pharmacotherapy for old age psychiatric problems
- Non-pharmacological interventions in old age psychiatry
- Mental capacity and consent to treatment
- Community service for the frail elderly and how to promote brain health
- Dementia and mild cognitive impairment
- Delirium in the Elderly
- Innovative technologies in cognitive training
- Service models and preventive aspects in psychogeriatric
- Cognitive assessment for the elderly
- Functional assessment for elderly
- Carer interventions in elderly mental health problems
- Guardianship and ethical issues
- Vascular cognitive impairment
- Depression in the elderly
- Suicidal behaviours in the elderly
This module aims to equip students with the knowledge and understanding of issues pertaining to children’s mental health. A developmental perspective and multidisciplinary approach will be introduced. The assessment and management of common disorders ranging from neurodevelopmental problems, internalizing problems and externalizing problems will be covered. At the end of the module, students should have developed the basic skills in the identification of child and adolescent mental health problems, and be aware of the appropriate intervention strategies and services available.

<table>
<thead>
<tr>
<th>Child and Adolescent Psychiatry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Period : 18/4 – 23/5/2020  (Every Saturday except public holidays)</td>
</tr>
<tr>
<td>Time: 3:15pm-6:15pm</td>
</tr>
<tr>
<td>Tuition Fee: $6,800</td>
</tr>
</tbody>
</table>

**Topic:**
- Childhood/adolescent onset psychotic disorders
- Pharmacotherapy for child and adolescent psychiatric problems
- Service delivery models in child and adolescent psychiatry
- Child mental health assessment: developmental perspective, family approach and multidisciplinary approach
- Externalizing problems: ADHD/ODD/CD
- Pervasive development disorders
- Specific learning difficulties
- Child abuse and related issues
- Eating disorders
- Internalizing problems