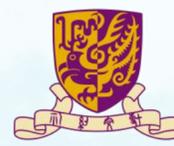


# THE INAUGURAL CHAR-NIE CHEN DISTINGUISHED LECTURE



**Department of Psychiatry, CUHK**

## About Professor CHEN Char-nie Research and Education Fund

Professor CHEN had been our Foundation Chairman and Professor of Psychiatry since 1981. He served as Chairman for the first 17 years after the establishment of the Faculty of Medicine and retired in August 1998 from CUHK. Professor CHEN was awarded Emeritus Professor in January 2018. He is a distinguished scholar, psychiatrist, researcher and educator who has not only helped build up our Faculty of Medicine, but also contributed significantly to the mental health development and research both locally and globally. The Department of Psychiatry is grateful for his consent to establish a research and education fund under his name. This fund will support (i) recruitment of distinguished visiting scholars; (ii) academic research; (iii) departmental activities in promoting mental health.

## How Do Doctors Heal? Reimaging Care in Medicine and Psychiatry

### PROFESSOR ARTHUR KLEINMAN, MD

Esther and Sidney Rabb Professor of Anthropology  
Professor of Medical Anthropology in Global Health and  
Social Medicine, Professor of Psychiatry,  
Harvard Medical School

**\*Mixed-mode event (Face-to-face and Zoom)**

**\*Professor KLEINMAN will deliver his talk via Zoom**

#### Linkage with Department of Psychiatry CUHK

Professor Arthur KLEINMAN has longstanding academic links with us. He has been our visiting scholar and external examiner for postgraduate research students since the 1990s. As the Head of the Department of Social Medicine at Harvard University, he offered travel scholarships for our academic staff to visit his department and establish research collaborations. Professor KLEINMAN played a major role in a multisite research project on Neurasthenia and Chronic Fatigue Syndrome with Professor CN CHEN, Professor Sing LEE & Professor YK WING.

**Friday, 5 November 2021 at 6-7pm (HK Time)**

**(followed by Q&A Session)**

**Shaw Auditorium, G/F, Postgraduate Education Centre,  
Prince of Wales Hospital**

**Registration link:**

**<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13065484>**

**For enquiries, please contact Ms. Leung  
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**CME/CPD in application**



## Professor Char-Nie CHEN

OBE, JP, MB, MSc, FHKAM(Psychiatry),  
FHKCPsych (Hon.) FHKCPsych, FRCPsych,  
FRANZCP, DPM

**Emeritus Professor of Psychiatry  
The Chinese University of Hong Kong**

As the Foundation Chairman and Professor of Psychiatry, Professor Char-Nie CHEN built up the Department of Psychiatry in CUHK from scratch in 1981. He laid down the solid foundation for undergraduate teaching in behavioural science and bio-psycho-social medicine and believed that psychiatry should be taught as a universal subject similar to other medical disciplines for undergraduate medical students and non-psychiatrists. He was instrumental in developing a postgraduate training course in psychiatry in CUHK, which was later adopted by the Hong Kong College of Psychiatrists as the Central Training Course in Hong Kong. He insisted on a training career in psychiatric subspecialty and was influential in building up child and adolescent psychiatry and old age psychiatry. In research development, he has built up the monumental research in psychiatric epidemiology with the landmark Shatin Psychiatric Epidemiology Survey and a new cross-disciplinary research in sleep medicine. In 1986-1994 he was also appointed by the University as the Foundation Head of the Shaw College, he again built up the new college from scratch with the help of many university and college staff. After his retirement in 1998, he worked as a private specialist in psychiatry but continued to help promote addiction psychiatry and liaison psychiatry for HIV/AIDS patients. He was awarded O.B.E. in 1997. With his foresight, wisdom and passion, he has helped to transform psychiatric education for both undergraduate and postgraduate education and research landscape in Hong Kong.

Department has established a research and education fund and is honoured to name the fund (Professor Char-Nie Chen education and research fund) after Professor CHEN. The fund will be used in enhancing the education and research aspects of the Department. In particular, there will be an annual Char-Nie Chen Distinguished Lecture that will invite eminent psychiatrists and scientists around the world to come to Hong Kong to deliver the lecture. The inaugural Char-Nie Chen Distinguished Lecture on November 5, 2021 will be delivered by Professor Arthur KLEINMAN, Esther and Sidney Rabb professor of anthropology in the Faculty of Arts and Sciences (FAS), Harvard University; professor of medical anthropology in the Department of Global Health and Social Medicine and professor of psychiatry at Harvard Medical School.

# Topic: How Do Doctors Heal? Reimagining Care in Medicine and Psychiatry

## **Abstract:**

Fifty-two years ago as a US Public Health Surgeon in Taiwan, I first encountered caregiving in Chinese communities. What struck me at the time was the unexpected finding that most care did not occur within the sprawling healthscape of clinics, hospitals, pharmacies, public health facilities, offices of Traditional Chinese Medicine practitioners, or religious healers' shrines and temples. Families, the wider social network, and the sick person himself or herself were the primary locus of illness experiences and caregiving activities. This radical displacement of the scientific object of enquiry - which has oriented my research, theorizing, clinical practice and teaching for half a century - speaks to a different way of interpreting what medicine and its subfield psychiatry are as human practices. Understood this way, care and caregiving are the core of healing; and healing is the purpose of medicine (and psychiatry).



But what exactly does healing entail? This lecture will enquire into how doctors heal. To do so, it will ask what is at stake for patients and families? And for practitioners? I will describe how neoliberal economics, the bureaucratization of clinical work, and the misuse of technology and science have displaced quality care and healing in favor of institutional efficiency and misguided ideas of professional progress. The result is often alienation of practitioners (so-called "burn out") and of patients and families.

In celebration of a distinguished psychiatrist, an important Department of Psychiatry and an impressive clinical tradition, I will end by reimagining what medicine and in particular psychiatry might look like if care and healing are revived. I will emphasize - following the classical Chinese tradition - the moral cultivation of the healer's clinical sensibility and the centrality of the relational reciprocity among patients and family carers. And following my own experience: I will explore the uses of presence, ritual/habit, the creative unconscious, endurance and caring of memories as they recreate healing as the object of medical practice and teaching.

# Topic: How Do Doctors Heal? Reimagining Care in Medicine and Psychiatry

## Biography:

Arthur Kleinman, MD, is the Esther and Sidney Rabb professor of anthropology in the Faculty of Arts and Sciences (FAS), Harvard University, professor of medical anthropology in the Department of Global Health and Social Medicine and professor of psychiatry at Harvard Medical School. He was the Victor and William Fung director of Harvard University's Asia Center 2008 - 2016. Dr. Kleinman is a leading figure in several fields, including medical anthropology, cultural psychiatry, global health, social medicine, and medical humanities. Since 1978, he has conducted research in China, and in Taiwan from 1969 until 1978. He has published seven single authored books including *What Really Matters: Living a Moral Life Amidst Uncertainty and Danger* (OUP, 2006), *Rethinking Psychiatry* (Free Press, 1988) and *The Illness Narratives: Suffering, Healing and the Human Condition* (Basic Books, 1988), amongst others. His new book is *The Soul of Care: The Moral Education of a Husband and a Doctor* (Penguin, 2019). In addition to this, he has co-authored four books; co-edited books on culture and depression; SARS in China; world mental health; suicide; placebos; AIDS in China; and the relationship of anthropology to philosophy; written many articles in *The Lancet*, *New England Journal of Medicine*, and other journals on caregiving as moral experience; global mental health; values in health; and social theory. His co-authored articles have focused on stigma and mental illness; on the appropriate uses of culture in clinical practice; and on medical anthropology. In 1976, he founded the journal, *Culture, Medicine, and Psychiatry*, and edited it for a decade. He received the Franz Boas Award from the American Anthropological Association and has received many other awards as well.

