

# ACADEMIC LECTURE



**Dr. Steven Wai Ho CHAU**  
**Assistant Professor**  
**Dept. of Psychiatry**  
**CUHK**

**Date: 28 Jul 2022 (THU)**  
**Time: 14:30 - 16:00**  
**Venue: To be held by Zoom**



**Topic: From SARS to COVID: Coronavirus outbreaks and mental health**

**Abstract:**

Coronavirus has been living with human for tens of thousands of years in relative peace. Yet in the past 20 years, three deadly coronavirus outbreaks of SARS, MERS and by far the most notably, COVID, have changed this narrative forever. COVID's direct and indirect health impact is historical but is far from being set in stone. The mental health aspect of COVID's impact is profound yet complex, involving biological, behavioural and societal processes in a dynamic fashion. The long-term mental health impact of COVID is of particular concerns from public health point of view but data remains limited. This talk will try to present an overview of nature of neuropsychiatric consequences of COVID patients and their prognostic factors summarised from available literature, and the pandemic's effect on mental and behavioral health at a societal level. I will on and off draw parallels and lessons from previous coronavirus outbreaks when applicable. Afterall, as they say, "history doesn't repeat itself, but it often rhymes".

**Biography:**

Dr Chau is an assistant professor (clinical) of the Department of Psychiatry, CUHK. Among his board research interest Dr Chau is currently focusing on the mental health aspect of the COVID-19 pandemic. He has recently been awarded a research grant under the Collaborative Research Fund scheme for the project 'Neuropsychiatric "long-COVID" in adult patients'.

Registration is required. For enquiries, please contact 26076025.  
Please display the registration name for joining the Zoom lecture.

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