

**The Chinese University of Hong Kong
Department of Psychiatry
Schedule for January, 2023**

<u>Date</u>	<u>Time</u>	<u>Activity</u>	<u>Speaker/Team</u>
Jan5	14:30-16:30	Semi-annual orientation program for SH trainees (SH)#	Drs. Irene KAM, Chario CHAN, Vivian LIM
	14:30-16:30	Introduction Course for New Doctors of TPH/NDH (1AL)#	Drs. YC WONG, Pat CHAN, Fu CHAN, Winki TAI, Evelyn WONG, Candy WONG, Kenneth WONG
Jan12	14:30-16:00	Psychotherapy Case Conference (MUL)# <i>Introduction to The Family Biofeedback Assessment (FBA) protocol - clinical case illustrations</i>	Dr. Irene KAM
	16:00-17:00	Psychotherapy Supervision (MUL)#	
Jan19	14:30-16:30	Quality Assurance Meeting (SH)# / (TPH)#	All Clinical Staff
Jan26	14:30-16:00	Academic Lecture * <i>Crosstalk between the GI Tract and the Brain: Disorder of Gut-Brain Interaction</i>	Prof. Justin WU Associate Dean (Health Systems), Faculty of Medicine, CUHK President, Asian Pacific Association of Gastroenterology

Registration:
<https://bit.ly/3i1pmzB>

Venue:	*Live video	#Closed meeting	@Non-CME Event	MUL	TPH	SH	1AL
				Seminar Room, Multi-centre, Tai Po Hospital, Tai Po, N.T.	Conference Room 1 G/F, Wing D Tai Po Hospital, Tai Po, N.T.	Dining Room Ward 7AB Dept. of Psychiatry 7/F, Shatin Hospital Shatin, N.T.	Rm. 1005, Dining Room Ward 1AL, 1/F Tai Po Hospital Tai Po, N.T.

Please contact 2607-6025 two days before hand to arrange presentation equipment.

<http://www.psychiatry.cuhk.edu.hk>

Department of Psychiatry, CUHK

ACADEMIC LECTURE



Prof. Justin WU

MBCChB, MD, FRCP (Edin), FRCP (Lond), FHKCP, FHKAM, AGAF

Associate Dean (Health Systems), Faculty of
Medicine, CUHK
President, Asian Pacific Association of
Gastroenterology

Date: 26 Jan 2023 (THU)

Time: 14:30 - 16:00

Venue: To be held by Zoom



Topic: Crosstalk between the GI Tract and the Brain: Disorder of Gut-Brain Interaction

Abstract:

Functional gastrointestinal disorder (FGID) is the commonest digestive disorder and affects more than 20% of adult population worldwide. A biopsychosocial model has been proposed for the pathophysiology of FGID. The model involves an interplay of various mechanisms that include visceral hypersensitivity, motility dysfunction, genetics, early life adversity, diet, psychological stress, immune activation and dysbiosis. These mechanisms lead to abnormal functions in the systems that are responsible for the functional connection between central nervous system and the digestive system (ie. The brain-gut axis). As a result, FGID is now known as a Disorder of Gut-Brain Interaction (DGBI). Because of the complexity of the pathophysiology, the diagnosis has been evolving from symptom-based description to multidimensional clinical profile. Likewise, the management paradigm has also evolved from empirical symptom-based medical therapy to multimodal management. The management principles include lifestyle and dietary modification, stress management, early detection and intervention of psychological disorders. The concept of disorder of gut-brain interaction also lends support to the role of antidepressants, psychotherapy and practice of mind-body medicine in the management.

Biography:

Professor Justin Wu is a professor of gastroenterology and the Associate Dean (Health Systems) of Faculty of Medicine, The Chinese University of Hong Kong (CUHK). He is responsible for the development of collaborative network with private health systems, biomedical technology sector, Greater Bay Area and beyond.

Prof. Wu has academic focus in functional gastrointestinal disorders and gastroesophageal reflux disease with over 300 publications in top medical journals including New England Journal of Medicine, Lancet and Gastroenterology. He is serving as academic leader in many international and local professional organizations, which include the President of Asian Pacific Association of Gastroenterology, Scientific Chairman of Asia Neurogastroenterology and Motility Association, and the Past President of Hong Kong Society of Gastroenterology.

In medical education, Prof. Wu is the founding director of Asia's first "Global Physician-Leadership Stream" (GPS) of MBCChB programme of CUHK Medicine. He is also the founding director of Hong Kong Institute of Integrative Medicine, which serves the mission of fostering cooperation between Western and Chinese medicine in the health system. He is an eminent teacher with 8 teaching awards of medical education, which include Vice-Chancellor Exemplary Teaching Award, Master Teacher, and Teacher of the Year Awards in CUHK Medicine.

In medical innovation, Prof. Wu is serving as director and advisor of biomedical technology companies and investment funds. He also actively contributes as incubator and accelerator for biomedical tech start-up companies.

Registration is required. For enquiries, please contact pci-event-app@cuhk.edu.hk or 26076025.

Please display the registration name for joining the Zoom lecture.

Please register the lecture via the link:

<https://bit.ly/3i1pmzB>

