The Chinese University of Hong Kong Department of Psychiatry Schedule for February, 2023

<u>Date</u>	<u>Time</u>	Activity			<u>Speaker</u> ,	Speaker/Team	
Feb2	14:30-15:30	Clinical Case Conference *#			Dr. Bria	Dr. Brian OR	
		Challenges in prescribing clozapine: a case series on		Supervis	Supervisors: Prof. Sandra		
		clozapine-induced serious adverse reactions		CHAN, Dr. Melissa WONG			
Feb9	14:30-16:00	Psychotherapy Case Conference (MUL)#			Dr. Iren	Dr. Irene KAM	
		Understanding Borderline Personality Disorder using					
		family therapy approach					
	16:00-17:00	Psychotherapy Supervision (MUL)#					
Feb16	14:30-16:30	Quality Assurance Meeting (SH)# / (TPH)#			[±] All Clini	cal Staff	
Feb23	14:30-16:00	Academic Lecture *				Dr. Allen LEE	
		Cognitive Interventions for Older Adults				Assistant Professor	
					1	Dept. of Psychiatry	
Registration:				CUHK			
	https://bit.ly/3GJb9Qb						
Venue: *Live	e video #Closed	@Non-CME	MUL	ТРН	SH	1AL	
	meeting	Event	Seminar Room,	Conference Room 1	Dining Room	Rm. 1005, Dining Room	
			Multi-centre,	G/F, Wing D	Ward 7AB	Ward 1AL, 1/F	
			Tai Po Hospital,	Tai Po Hospital	Dept. of Psychiatry	Tai Po Hospital	
			Tai Po, N.T.	Tai Po, N.T.	7/F, Shatin Hospital	Tai Po, N.T.	
					Shatin, N.T.		

Please contact 2607-6025 two days before hand to arrange presentation equipment.

Department of Psychiatry, CUHK







ACADEMIC LECTURE



Dr. Allen LEE Assistant Professor Department of Psychiatry CUHK

Date: 23 Feb 2023 (THU) Time: 14:30 - 16:00

Venue: To be held by Zoom



Topic: Cognitive Interventions for Older Adults

Abstract:

One in three residents in Hong Kong will be aged 65 years or older in 20 years. With age being the greatest risk factor for dementia, and cost-effective disease-modifying treatment now lacking, failure to understand dementia or identify ways to prevent its clinical manifestations could have serious health implications and pose significant burden to the society.

Building on top of our epidemiological findings of intellectual activity participation potentially reducing dementia risk, we have embarked on randomized controlled trials to test whether cognitive training improves mood and cognition in older adults at risk of dementia. I will be sharing the latest findings of our research work, highlighting the clinical and scientific evidence of cognitive training in achieving cognitive maintenance and healthy ageing.

Biography:

Dr. Allen Lee is actively involved in cross-disciplinary evidence-based research on non-pharmacological interventions for prevention and treatment of dementia and late-life depression. He is holding as PI/Co-PI over \$23M research funding. He has published as the lead author in top psychiatric and geriatric journals such as JAMA Psychiatry and Age and Ageing. In 2022, he was invited to contribute a chapter in the World Alzheimer Report published by the Alzheimer's Disease International (ADI) and to present in the Alzheimer's Association International Conference (AAIC 2022) held in the USA with 10,000 attendances. His publications received high attention scores, with worldwide media coverage (including the TIME magazine and Consumer Reports) and professional recognitions (his work was included as CME in JAMA Network Learning, reported by the NEJM Journal Watch, and cited in the 2020 Lancet Commission Report on Dementia). He has been serving as a reviewer for various peer-reviewed journals such as Alzheimer's & Dementia and International Psychogeriatrics, the Vice President of the Chinese Dementia Research Association (CDRA) since 2018, and the Council member of the Hong Kong College of Psychiatrists since 2021. He was awarded the Distinguished Young Fellow by the Hong Kong Academy of Medicine in 2017 and the Doctor of Medicine (MD) by CUHK in 2022.



