

The Chinese University of Hong Kong
Department of Psychiatry
Schedule for August, 2023

<u>Date</u>	<u>Time</u>	<u>Activity</u>	<u>Speaker/Team</u>
Aug3	14:30-16:00	Clinical Case Conference & Journal Club (SH)*# <i>The Battle Between Li and Ca²⁺</i>	Dr. Tiger YIP, Dr. Charlotte MUI Supervisors: Prof. YK WING, Dr. Joey CHAN
Aug10	14:30-16:00	Psychotherapy Case Conference (MUL)# <i>Exploration in therapy - analysis of a family therapy session</i>	Dr. Irene KAM
	16:00-17:00	Psychotherapy Supervision (MUL)#	
Aug17	14:30-16:30	Quality Assurance Meeting (SH)# / (TPH)#	All Clinical Staff
	16:00-18:00	Medical staff forum (MUL)# <i>Emotion focused therapy and daily clinical practice</i>	Dr. Cheris WONG
Aug24	14:30-16:00	Academic Lecture (MUL)* <i>Leveraging digital technology to promote mental health for all: Opportunities and challenges</i>	Prof. Winnie Mak Professor Department of Psychology The Chinese University of Hong Kong
		Registration link: https://tinyurl.com/msm4ajzc	
Venue:	*Live video #Closed meeting	@Non-CME Event	MUL Seminar Room, Multi-centre, Tai Po Hospital, Tai Po, N.T.
			TPH Conference Room 1, G/F, Wing D, Tai Po Hospital, Tai Po, N.T.
			SH Dining Room, Ward 7AB, Dept. of Psychiatry, 7/F, Shatin Hospital, Shatin, N.T.
			1AL Rm. 1005, Dining Room, Ward 1AL, 1/F, Tai Po Hospital, Tai Po, N.T.

Please contact 2607-6025 two days before hand to arrange presentation equipment.

<http://www.psychiatry.cuhk.edu.hk>

Department of Psychiatry, CUHK

ACADEMIC LECTURE



Prof. Winnie W.S. MAK
Professor
Department of Psychology
The Chinese University of Hong Kong

Date: 24 Aug 2023 (THU)
Time: 14:30 - 16:00
**Venue: Seminar Room, Multicentre,
Tai Po Hospital & Zoom**



**Topic: Leveraging digital technology to promote mental health for all:
Opportunities and challenges**

Abstract:

Digital technology is omnipresent in our daily lives and how it can promote and maintain one's mental wellness and augment existing mental health services has become a hot research investigation and active application across various sectors of the community globally. Winnie will share some of her work in the area of digital mental health and some of the challenges in the process of developing various solutions and in engaging users.

Biography:

Winnie is a Professor in the Department of Psychology of the Chinese University of Hong Kong. She obtained her PhD in clinical psychology at the University of California, Santa Barbara. She is a Fellow of the American Psychological Association, Association for Psychological Science, Society for Community Research and Action, and Hong Kong Psychological Society. She is named World's Top 2% Scientists by Elsevier and Stanford University and Top Scientists in Psychology in China by Research.com. She has served on the Advisory Group on Mental Health Promotion for the Hong Kong SAR Government. She co-founded StoryTaler (說書人), a social enterprise that endeavors to advocate mental health for all and to erase stigma in the community through stories and sharing of people with lived experience. Her research mainly focuses on three synergistic areas: stigma and diversity, digital mental health, and application of Buddhist psychology in promoting well-being, erasing stigma, and enhancing collective action for social equality.

Registration is required. For enquiries, please contact pci-event-app@cuhk.edu.hk or 26076025.
Please display the registration name for joining the Zoom lecture.

Please register the lecture via the link:

<https://tinyurl.com/msm4ajzc>

